



Burgh by Sands School – Whole School PE Overview

At Burgh by Sands follow the GetSet4PE scheme of learning from EYFS to Year 6. By using this scheme, we give the children the opportunity to develop skills that are transferable across a range of sports as well as specific skills for specific games.

The scheme enables progression through the school and encourages and develops the learning of those that need additional support as well as those that require further challenges.

Below is an overview of the PE focus for each term in each class. Class teachers may choose to adapt the schemes of work to suit their class but must ensure full coverage throughout the two-yearly cycle.

Cycle A 2024-2025						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Introduction to PE (Unit 1)	Fundamentals 1	Dance 1	Ball skills	Gymnastics (Sands Centre)	Games 1
	Forest School	Fine and Gross Motor Skills	Large apparatus skills		Orienteering	Sports Day Athletics
Year 1/2	Fundamentals 2	Athletics 2	Fitness 2	Sending and Receiving	Net and Wall Games	Invasion Games
	Forest School	Target Games 2	Yoga 2	Ball Skills 2	Orienteering	Gymnastics (Sands Centre)
Year 3/4	Netball (Sands Centre)	Netball/Gymastics (Sands Centre)	Tag Rugby Y3/4	Dodgeball/Hockey (Y3)	OAA (Y3/4)	Swimming Y3/4
	Gymnastics (Sands Centre)	Forest School	Dance Y3	Forest School	Golf (Y3/4)	Athletics (Y3)
Year 5/6	Fitness	Forest School	Netball (Sands Centre)	Netball/Gymnastics (Sands Centre)	Dodgeball (Y5/6)	OAA (Y5/6)
	Football	Dance (Y5)	Gymnastics (Sands Centre)	Forest School	Rounders	Athletics (Y6)

Cycle B 2025-2026

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Introduction to PE 2	Fundamentals 2	Dance 2	Gymnastics 2	Ball Skills 2	Games 2
	Gross and fine motor skills		Large apparatus		Orienteering	Sports Day Athletics
Year 1/2	Fundamentals	Dance	Athletics 1	Ball Skills 1	Target Games 1	Multi-Skills
	Fitness 1	Orienteering	Team Building 1	Net and Wall Games 1	Yoga 1	Gymnastics
Year 3/4	Ball Skills Y3/4	Hockey	Fitness	Gymnastics	Athletics Y4	Swimming
	Football	Dance Y4	OAA	Tennis	Cricket	Rounders
Year 5/6	Netball	Volleyball Y5/6	Dance	Hockey	Athletics Y5	OAA
	Tag Rugby	Trampolining	Fitness	Badminton Y5/6	Cricket	Rounders